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MESSAGE FROM OUR EXECUTIVE DIRECTOR

As permanent supportive housing (PSH) continues to face significant change, and as the affordable housing crisis grows more urgent, our Mission, Vision and Values must remain at the center of everything we do. These are the moments that remind us why this work matters. We are called to stand with the people and families we serve, to lift their voices, and to help guide them toward a future that is sustainable, equitable, and rooted in dignity. These are challenging times. As federal support for PSH is reduced and affordable housing remains out of reach for too many, providers must help create the path forward. Advocacy can no longer be something we discuss occasionally; it must become a priority for all of us. Real change happens when we choose to act, when we work together, and when we refuse to accept that the current reality is the only probable future. Horizon Housing envisions a world where individuals and families impacted by disabilities and homelessness are welcomed into a community of support. In that community, they gain the skills, stability, and confidence needed to become self-reliant, transition to permanent housing, and sustain themselves and their families over time. Horizon believes housing is a basic human right. Every individual served by Horizon Housing should experience compassion, dignity, respect, and choice. Each person's journey through our supportive housing program should be shaped by their unique needs and strengthened through person-centered, trauma-informed housing coordination of care. We must continue to make the best use of the resources available to us and respond thoughtfully to new requirements and expectations. When existing systems are not enough, we must be willing to create innovative solutions, build new partnerships, and develop services that better meet the needs of those we serve. Change is what we make it, and our commitment to this work can help make that change possible.



"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." – The Lorax

Shanna Nieweg

MEET THE HORIZON HOUSING STAFF



Regina Cavanaugh

Director of Programs Regina Cavanaugh

I have been working in the social work field since 2007. I earned my bachelor's degree in Elementary and Special Education from Fontbonne University in 2008. I began my career working with adults with developmental disabilities as a job coach for a local agency and have continued to dedicate my career to serving this population.

I take great pride in having the opportunity to advocate for some of the most vulnerable members of our community. Working as a Case Manager for many consumers and watching their lives change in a positive direction, while seeing them achieve their goals, has been the most rewarding part of my career.

Now, as the Director of Programs at Horizon Housing Development Company, I strive to be a leader who demonstrates active listening, empathy, and strong problem-solving skills to ensure our consumers' needs are always met. I come to work every day hoping to make a difference in someone's life, whether that is a client, a coworker, or someone who simply calls our office.

I live by the quote, "To the world you may be one person; but to one person you may be the world." — Dr. Seuss



James Hasty

Housing Case Manager—Hyde Park James Hasty

I was born and raised in St. Louis. After earning my bachelor's degree, I began my career with the Special School District, where I worked for over three years. I then spent nearly four years supporting individuals with developmental disabilities in a residential setting before transitioning to a targeted case manager role in St. Louis City.

I was later promoted to Mentor, where I spent more than eight years training and supporting both new and experienced case managers. Throughout my career, I have been passionate about helping individuals with Intellectual and Developmental Disabilities (ID/DD) live meaningful, independent lives. With nearly 20 years of experience, I have had the privilege of working alongside individuals, their families, and community partners to promote self-determination, dignity of risk, inclusion, and access to the support they need to reach their goals.

The most rewarding part of my work is building relationships with the people I serve and helping them overcome challenges, celebrate successes, and create opportunities for a brighter future.



Amy Dryer

Clinician/Housing Case Manager—Peter and Paul Amy Dryer (LCSW)

I have been with Horizon Housing Development Company since 2020, where I serve as the Housing Case Manager for the Shelter-to-Housing Program at the Peter & Paul Community Campus. In this role, I have the privilege of working with individuals and families experiencing homelessness, mental health challenges, developmental and intellectual disabilities, and other behavioral health needs.

Every day, I work alongside my clients to connect them with community resources, navigate difficult life transitions, and overcome barriers that stand in the way of their goals. I believe that every person deserves to be treated with compassion, respect, and dignity, and I strive to meet each individual where they are while providing the support and encouragement they need to move forward.

The most rewarding part of my work is seeing people gain confidence, achieve stability, and build brighter futures for themselves. I am passionate about helping others improve their quality of life and take pride in creating a safe, supportive environment where individuals feel empowered to reach their full potential.

MEET THE STAFF

Housing Case Manager—Horizon Cammi Smith

I received my Bachelor's degree in Social Work from the University of Missouri–St. Louis in May 2025. I began working at Horizon Housing Development Company in August 2024 as a Practicum Student and was hired as a Housing Case Manager in May 2025.

I chose to pursue social work because of my personal experiences with Social Workers. My younger sister has developmental disabilities, and watching Social Workers support her and my family inspired me to enter this field. My goal as a Social Worker is to make sure my clients' needs are met and that they have the support and resources they need to live safe and healthy lives. I am especially proud to advocate for my clients and help them overcome challenges.

One of the most rewarding parts of my job is seeing my clients grow, reach their goals, and gain confidence in themselves. I am grateful for the opportunity to make a positive difference in the lives of the people I work with. I live by the quote from Rhonda Byrne, "You have the power to change anything."



SUCCESS STORY

Hyde Park—Andre Branyon

Andre Branyon has been a participant in Horizon Housing Development Company's program since December 2014. Prior to joining the program, Andre had experienced homelessness for four and a half years before his St. Louis Regional Office Case Manager was able to refer him for an apartment through HHDC.

Since entering the program, Andre has grown tremendously. He has learned the importance of managing and caring for his increasing medical needs, participated in classes to improve his literacy skills, maintained his benefits, and explored housing options to ensure his long-term housing needs are met.

In June 2025, Andre moved into the Hyde Park program after being displaced from his apartment at the Aubert building by the May 2025 tornado. Throughout such a traumatic experience, Andre maintained an incredibly positive attitude. After losing his apartment, he had the opportunity to move outside of the HHDC program.

However, he had built so much trust in HHDC that he wanted to remain with the Horizon program if at all possible. Fortunately, the Hyde Park program was opening at the same time. After touring an available unit, Andre knew it was the perfect fit for him. Since moving into his new apartment, he has shared with staff numerous times how grateful he is to have made it through the tornado and to have such a wonderful place to call home.

Andre takes great pride not only in his apartment but also in his community. He is committed to helping maintain a safe, clean, and welcoming environment for everyone. He regularly helps care for the property by picking up trash, managing the community trash bins, sweeping the stairways, and assisting with other tasks to keep the property looking its best.

Andre continues to work closely with his case manager to ensure his physical and mental health needs are met, maintain his benefits, and continue making progress toward his housing goals. One of his biggest goals is earning his driver's license. Andre recently obtained an older classic car and is highly motivated to improve his literacy and reading comprehension, so he can pass the driver's license exam and begin driving it.

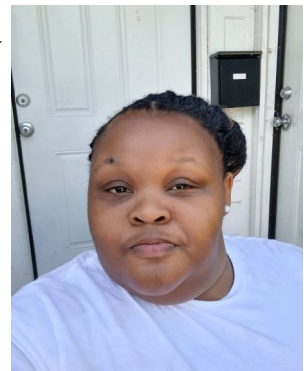
SUCCESS STORY

HHDC West – Monique Reed

Monique Reed joined Horizon Housing Development Company's Permanent Supportive Housing (PSH) program in August 2015. Before entering the program, Monique was experiencing chronic homelessness and living in a shelter with her three children. At the time, she faced the imminent threat of losing custody of her children if she was unable to secure stable housing. She had no income, permanent housing, or access to government benefits.

The PSH program provided the foundation Monique needed to rebuild her life. Since entering the program, she has maintained full-time employment, secured all eligible government benefits, and successfully managed her family's healthcare needs. She also obtained a Section 8 Housing Choice Voucher, providing long-term housing stability despite fluctuations in her income.

Although serious medical issues have occasionally limited her ability to work, Monique continues to persevere and is actively applying for Supplemental Security Income (SSI) benefits. In the meantime, she remains a dedicated advocate for her children, focusing on her ultimate goal of helping each of them graduate from high school, build successful futures, and break the cycle of homelessness.



Horizon Housing Development Company

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Horizon Housing Development Company was founded in 2003 as a 501(c)3 nonprofit organization.

MISSION STATEMENT: Horizon Housing provides housing and comprehensive services to individuals and families impacted by disabilities and homelessness in the St. Louis area. Horizon Housing has twelve buildings within the City of St. Louis limits which provides permanent supportive housing for men, women and families with developmental and mental disabilities who are homeless.

FUNDED PARTNERS :



VISION STATEMENT: Horizon Housing envisions a world where people and families impacted by disabilities and homelessness are housed in a community of support, where they gain the skills to be self-reliant, and graduate to permanent housing, sustaining themselves and their families.

VALUES: Horizon Housing believes housing is a basic human right. Individuals served by HHDC will experience, compassion, dignity, respect and choice. Each individual's path through Horizon's supportive housing program will be centered on their individual needs, empowered by our person centered, trauma informed, housing coordination of care.